



jhoon rhee tae kwon do

2449 N. Harrison St. ☎ Arlington, VA 22207 ☎ 703.532.7433 ☎ www.ArlingtonKicks.com

Adaptive Martial Arts Classes for children with Special Needs

Ages 4 to 15

(Autism Spectrum Disorder, Developmental and Intellectual Disabilities)

Students will receive individualized instruction while learning to excel in a group setting. These weekly half hour classes will give students an excellent opportunity to improve their motor skills, coordination, focus and self-control through martial arts drills and games.

Student Requirements:

Children ages 4 through 15 years old

- Receptive communication skills
- Ability to follow 1 and 2 step commands with prompting
- Student must have a parent/guardian in the school during class
- Toilet trained

Instructor:

Ms. Anna Rome. 3rd Degree Instructor. Integrative Studies major at GMU working on a specialized degree in Therapeutic Martial Arts training. Ms. Rome has over 10 years of teaching experience.

Program Length: 8 classes out of 10 weeks starting Saturday, Feb 6, 2010

Class Days and times: (limit of 10 students per class)

Saturday	Beginner Students	3:00pm – 3:30pm
Saturday	Intermediate Students	3:45pm – 4:15pm
Saturday	Advanced Students	10:00am - 10:30am

Cost:

First time students \$245 (includes uniform)

2nd child same family 10% discount.

Renewing students: \$185 (does not include uniform)

Cost is based on an 8 class session. Students are responsible to make 8 classes during the 10 week session (no refunds or extension of time for attending less than 8).

If you are interested, please contact us at 703-532-7433 or email at arlington@jhoonrheetkd.com to set up an initial appointment.



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Fall 2009 Schedule

1. February 6

2. February 13

3. February 20

NO CLASS: February 27 → Black Belt Qualifier

4. March 6

NO CLASS: March 13 → Black Belt Exam

5. March 20

6. March 27

7. April 3

8. April 10

9. April 17 (*make up class*)

10. April 24 (*make up class*)

Beginner:
3:00pm

Intermediate:
3:45pm

Advanced:
10:00am